

Kids Get Active Triathlon Swim Course

Short Course (blue) Ages 6-9 Start inside the dock. Swim to opposite dock, turnaround and return to north dock, and finishing at the base of the north dock. Exit at shoreline and proceed to transition area.

Long Course (green) Ages 10-13 Start just off the shore, south of the dock. Swim around the outside of the dock to the north end. Follow dock back to shore. Exit at shoreline and proceed to transition area

